

# What to Know About Scheduling

1

Schedules should be set **30 DAYS** in advance. House Officers should know the dates, locations, and start/end times of their scheduled rotations. Changes to posted schedules are for **UNFORESEEN** circumstances only. Anticipated staffing shortages do not count.



2

House Officers are limited to **80 HOURS PER WEEK** averaged over 4 weeks. They must also receive 1 release day per 7 days of work averaged over 4 weeks. Vacation days and Personal days **DO NOT** count as release time.



3

House Officers in their third trimester of pregnancy and up to two months postpartum **cannot be scheduled for overnight call and are limited to 12 hours of work**. They can be scheduled for night float, but the 12 hours is a hard cap. They must be able to end their duties and leave.



4

If a House Officer's home call duties put them at over 24 reportable hours of continuous work, they must be given **14 HOURS** free of duties before their next shift. House Officers who are unable to mitigate fatigue due to home call duties have the right to request an adequate rest period.



5

Vacation days begin at 12am and run to 11:59pm. A House Officer **cannot be scheduled past midnight on the day their vacation is to begin**. House Officers must request Personal and Preventative Care days **45 DAYS** in advance and receive a response within **7 DAYS**. House Officers can request days for religious observance **60 DAYS** in advance.

